

RECOMENDACIÓN DE TRATAMIENTO

BÚSQUEDA Y SÍNTESIS DE EVIDENCIA DE EFECTOS DESEABLES E INDESEABLES

Guía de Práctica Clínica Ayudas Técnicas - 2018

A. PREGUNTA CLÍNICA

En personas de 65 años y más con limitación en la movilidad ¿Se debe usar colchón antiescaras de celdas de aire en comparación a usar colchón antiescaras viscoelástico?

Análisis y definición de los componentes de la pregunta en formato PICO

Población: Personas de 65 años y más con limitación en la movilidad.

Intervención: Colchón antiescaras de celdas de aire.

Comparación: Colchón antiescaras viscoelástico.

Desenlace (outcome): Impacto clínico.

B. BÚSQUEDA DE EVIDENCIA

Se realizó una búsqueda general de revisiones sistemáticas asociadas al tema de “Technical aids”. Las bases de datos utilizadas fueron: Cochrane database of systematic reviews (CDSR); Database of Abstracts of Reviews of Effectiveness (DARE); HTA Database; PubMed; LILACS; CINAHL; PsycINFO; EMBASE; EPPI-Centre Evidence Library; 3ie Systematic Reviews and Policy Briefs Campbell Library; Clinical Evidence; SUPPORT Summaries; WHO institutional Repository for information Sharing; NICE public health guidelines and systematic reviews; ACP Journal Club; Evidencias en Pediatría; y The JBI Database of Systematic Reviews and implementation Reports. No se aplicaron restricciones en base al idioma o estado de publicación. Dos revisores de manera independiente realizaron la selección de los títulos y los resúmenes, la evaluación del texto completo y la extracción de datos. Un investigador experimentado resolvió cualquier discrepancia entre los distintos revisores. En caso de considerarse necesario, se integraron estudios primarios.¹

Seleccionadas las revisiones sistemáticas o estudios primarios asociadas a la temática, se clasificaron en función de las potenciales preguntas a las que daban respuesta. Al momento de definir la pregunta la evidencia ya se encontraba previamente clasificada según intervenciones comparadas. Los resultados se encuentran alojados en la plataforma Living Overview of the Evidence (L-OVE), sistema que permite la actualización periódica de la evidencia.

¹ Para revisar la metodología, las estrategias y los resultados de la búsqueda, favor revisar el informe “*Búsqueda sistemática de evidencia de los efectos deseables e indeseables*” en la sección de método de la Guía de Práctica Clínica respectiva.

C. SÍNTESIS DE EVIDENCIA

Resumen de la evidencia identificada

Se identificaron 9 revisiones sistemáticas que incluyen 108 estudios primarios, de los cuales 95 corresponden a ensayos aleatorizados que evalúan el efecto de diferentes superficies de soporte para prevención de úlceras por presión. Para más detalle ver “*Matriz de evidencia*”², en el siguiente enlace: [Superficies de soporte \(colchón, cojín o cobertor\) para prevención de úlceras por presión](#).

Tabla 1: Resumen de la evidencia seleccionada

Revisión Sistemática	9 [1-9]
Estudios primarios	95 ensayos aleatorizados [10-104], 13 observacionales [105-117]

Además de las revisiones identificadas en la búsqueda de la evidencia, se incluyó en esta matriz una revisión sistemática que fue provista por el equipo de expertos participantes del panel convocado para elaborar la guía [9]. También se revisaron las referencias citadas en este artículo y se buscaron artículos que lo citaran.

Estimador del efecto

Se realizó un análisis de la matriz de evidencia, observando que ninguno de los estudios evalúa la comparación específica, por lo cual no se pudo estimar el efecto de la intervención.

Metanálisis

No aplica.

Tabla de Resumen de Resultados (Summary of Findings)

COLCHÓN ANTIESCARAS DE CELDAS DE AIRE COMPARADO CON COLCHÓN ANTIESCARAS VISCOELÁSTICO.			
Población	Personas de 65 años y más con limitación en la movilidad.		
Intervención	Colchón antiescaras de celdas de aire.		
Comparación	Colchón antiescaras viscoelástico.		
Desenlaces	Efecto	Certeza de la evidencia (GRADE)	Mensajes clave en términos sencillos
Impacto clínico	No se identificaron estudios que evalúen la comparación de interés	--	--
GRADE: Grados de evidencia Grading of Recommendations Assessment, Development and Evaluation. Fecha de elaboración de la tabla: Noviembre, 2018.			

² **Matriz de Evidencia**, tabla dinámica que grafica el conjunto de evidencia existente para una pregunta (en este caso, la pregunta del presente informe). Las filas representan las revisiones sistemáticas y las columnas los estudios primarios que estas revisiones han identificado. Los recuadros en verde corresponden a los estudios incluidos en cada revisión. La matriz se actualiza periódicamente, incorporando nuevas revisiones sistemáticas pertinentes y los respectivos estudios primarios.

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